

WEIDER

L-Carnitine Capsules Supports fat metabolism!

New reinforced formula

With black pepper extract

Plant-based caps

L-Carnitine is the amino acid in charge of transporting fatty acids from fat depots to the mitochondria where it is oxidized in order to produce energy.

Carnitine may come in two types: L-Carnitine and D-Carnitine. However, only the first is biologically effective. The human body can synthesize L-Carnitine and also obtain it from food from animal origin. Unfortunately, the amount gained from these two sources can barely activate fat burning. That's why supplementation works wonders to boost the metabolism of fat.

For better results, it's advised to combine L-CARNITINE with cardio exercise since increasing the energy expenditure, the body needs to resort to its fat depots to obtain energy.

L-CARNITINE CAPS has been reformulated with first-quality ingredients to make it really healthy and to help you reach your goals at a faster rate. Two caps supply 1,000 mg of L-Carnitine (100% Carnipure). You can also try a dose of 3 caps if you want to experience a more vigorous boost.

This new L-carnitine has an outstanding effect because it contains black pepper extract which increases the bioavailability of the rest of the ingredients, and also has a thermogenic effect. What's more, black pepper extract increases the basal energy expenditure so it will help you improve your results.

In addition, the caps are "veggie" (plant-derived) ideal for those who wish to reduce foods from animal sources from their diet.



Carnipure™ offers purest L-Carnitine and is a trademark of Lonza Ltd, Switzerland.

Ingredients: L-Carnitine L-Tartrate (Carnipure™), Glazing agent: Hydroxypropyl methyl cellulose (Capsule), Anticaking Agents: Silicon Dioxide, Magnesium Salts of fatty Acids; Black Pepper extract (Piper nigrum) (BioPerine®).

	per 3 caps.
L-Carnitine	1500 mg
Black Pepper extract (BioPerine®)	5 mg

PROFESSIONAL ADVICES

INSTRUCTIONS FOR USE: 3 capsules per day, preferably before workout.

PRESENTATION: Tin 100 capsules