

INTENSE PRE WORKOUT

Intensify the results of your workouts

- Nitric Oxide Precursors
- 2g of leucine per serving
- High-potency pre-workout

Intense Pre Workout by WEIDER is a carefully selected combination of ingredients designed to be the spark that ignites your workouts.

Nitric Oxide Precursors: The combination of citrulline and arginine promotes the production of nitric oxide. Nitric oxide promotes vasodilation and the delivery of nutrients and oxygen to your muscles.

Caffeine: A nervous system stimulant that enhances performance and reduces fatigue, allowing you to maximize your potential in every workout.

Leucine: An essential branched-chain amino acid that reduces muscle fatigue and promotes recovery.

Glutamine: Intense workouts can break down muscle fibers. Glutamine, a powerful anti-catabolic amino acid, protects the muscles to facilitate recovery.

Intense Pre Workout by WEIDER ignites the flame of your motivation to make the most of every effort and drop of sweat! If you take your workouts seriously, Intense Pre Workout is the perfect pre-workout supplement for you.

Ingredients: L-Citrulline Malate, Sweeteners: Sorbitols, Acesulfame K, Sucralose; Isomaltulose¹, L-Glutamine, L-Leucine, Maltodextrin, L-Arginine, L-Arginine Alpha-Ketoglutarate, L-Lysine Hydrochloride, L-Glycine, L-Isoleucine, L-Valine, Taurine, Flavouring (Contains lactose), Caffeine, Anticaking Agent: Silicon Dioxide; Colours: Betanin, Beta-Carotene.



Nutritional Information	Per serving*
Caffeine	200 mg
L-Citrulline Malate	3030 mg
- of which L-Citrulline	2128 mg
L-Glutamine	2000 mg
L-Leucine	2000 mg
L-Arginine	1300 mg
L-Arginine Alpha Ketoglutarate	1300 mg
- of which L-Arginine	703,4 mg
Total L-Arginine	2003 mg
L-lysine hydrochloride	1300 mg
- of which L-lysine	1040 mg
L-glycine	800 mg
L-isoleucine	500 mg
L-valine	500 mg
taurine	500 mg

* Serving size: 20 g powder mixed with 300 ml water.

PROFESSIONAL ADVICE:

Instructions for use: Mix 20 g of product (2 scoops) with 300ml of water and drink 30 minutes before training.

Recommendation: A shake before your workout

Flavor: Fruit Punch

Format: 375g

