

WEIDER

ENJOY BREAD AGAIN



PROTEIN BREAD

- High Protein (22%)
- Low in Sugars
- New flavour 5% Carrot

A WEIDER INNOVATION



Healthy & Tasty

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Enjoy bread again!

High Protein (22 %)

Low Sugars

New Flavour 5% Carrot

Weider Protein Bread is a delicious bread, ready to eat. To offer you a bread that is rich in protein, low in carbohydrates and sugars, we use the latest technology in food industry, which also allows us to dispense with additional oils or hydrogenated fats. At last, you can enjoy the bread without remorse!

Its selected ingredients such as wheat, pea and milk proteins; together with rye flour and a seed mix (brown flax, golden flax, sunflower seeds and sesame), give it a unique and very healthy nutritional profile.

The protein content of **Weider Protein Bread** is comparable to meat or poultry, being perfect for sports people. 100 grams of **Weider Protein Bread** provide only 7.4 g of carbohydrates, making it perfect for weight control diets, or those who need to restrict their intake of carbohydrates. Finally, their fats are healthy for your heart, because they come exclusively from its seeds, rich in mono and polyunsaturated fats. Based on all this, Weider Protein bread is perfect for anyone and for any goal.

Thanks to its convenient packaging of 5 slices, it retains its whole properties and is perfect to take with you anywhere. Now there are no excuses to start taking care of yourself!

Ingredients: Water, 17% Protein Blend (Wheat Protein, Pea Protein), Whole Rye Flour, 7% Soy Flour, 7% Soy Meal, 5% Carrot Stripes, Brown Linseed, Wheat Bran, Sunflower Seeds, Oat Fiber, Salt, Golden Linseed, Yeast, Whey Powder¹, Rye Flour, Acidity Regulator: Sodium Diacetate. ¹ Contains lactose. May contain traces of sesame and nuts.



	per 100 g	per slice (50g)
Energy	953 Kj / 228 Kcal	477 Kj / 114 Kcal
Fat	8,2 g	4,1 g
- of which sat. fatty Acids	1,1 g	0,6 g
Carbohydrates	11,4 g	5,7 g
- of which Sugars	3,7 g	1,9 g
Fibres	11,3 g	5,7 g
Protein	22,0 g	11,0 g
Salt	1,30 g	0,7 g

Professional Tips

DIRECTIONS: Consume like a conventional bread slice. It can be used as a complement to meals or to prepare delicious healthy sandwiches rich in protein. It's useful for controlled-carb diets.

RECOMMENDATION: It is recommended to consume enough water throughout the day and not to use as the only source of nourishment.

PRESENTATION: Package of 250 g (5 **FLAVOUR:** Natural and Carrot.



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