

# WEIDER®

## PROTEIN DRINK

### Ready-to-drink protein shake

53g of pure dairy protein

Easy and convenient to take to the gym

Replaces a meal

Physically active people should get enough protein. In each bottle you will find a convenient and healthy meal with 53g of biological and properly treated dairy protein.

Protein drink with skimmed milk and added protein. With sugar. Heat-treated (sterilised).

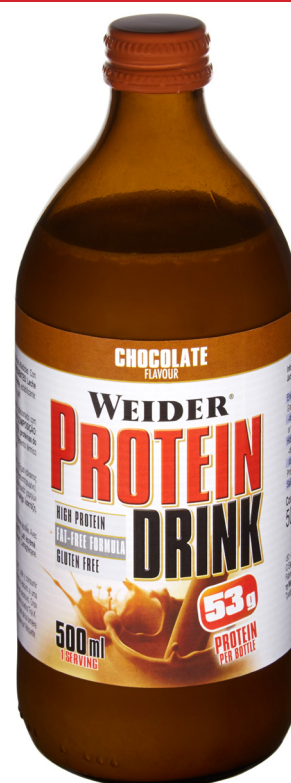
Due to its composition, it is quickly assimilated and makes you feel full for a long time. At the same time, you will be ingesting vitamins and less than 2g of fat, and the amount of carbohydrates it provides is sufficient to ensure an adequate energy supply.

Try any of its five delicious flavours and it will become your favourite protein shake!

Find it in 4 delicious flavours:

- Chocolate
- Vanilla
- Strawberry
- Piña Colada
- Cookies & CReam

**Ingredients Chocolate Flavour:** Skimmed milk, sucrose, 1.3% low-fat cocoa powder, **milk** proteins, stabiliser: carrageenan. Contains **lactose**.



	per 500 ml	per 100 ml
Energy	1935 kJ/ 456 Kcal	387 kJ/ 91 Kcal
Fat	1,3 g	0,3 g
- of which saturates	0,7 g	0,1 g
Carbohydrates	58 g	11,6 g
- of which sugars	56 g	11,2 g
Proteins	53 g	10,6 g
Salt	0,4 g	0,1 g

#### PROFFESIONAL ADVICE

**INSTRUCTIONS FOR USE:** Take one bottle in two doses, before and after training.

**PRESENTATION:** 500 ml bottle.

**FLAVOURS:** Chocolate, Vanilla, Strawberry, Piña Colada and Cookies & Cream.

[www.weider.es](http://www.weider.es)

