

WEIDER®

RUSH PUMP

The best stimulant-free pre-workout drink!

Caffeine and creatine free

With 8000 mg of L-Citruline and 5000 mg of L-Arginine

With 500 mg of Oxystorm®, Ginko powder and Beet powder

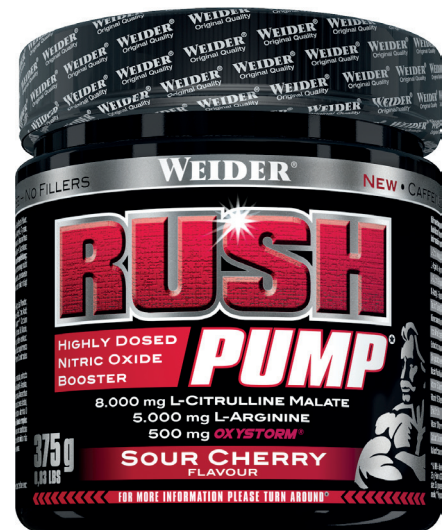
Rush Pump by Weider is a pre-workout drink stimulant-free designed to energize you and help you give your best in each training. If you are one of those that needs an extra oomph before going to the gym but are not excited about caffeine, Rush Pump is your match!!

It contains a high concentration of active ingredients: free amino acids, Amaranth extract (Oxystorm®), beet powder, Ginkgo powder, vitamins and minerals. What is more, thanks to the optimal amount and combination of these ingredients you will feel the pump effect:

- **8,000 mg L-Citrulline Malate:** this ingredient is actively involved in Nitric Oxide synthesis, a process that boosts blood flow and helps to reduce muscle congestion during trainings.
- **5,000 mg L-Arginine:** Arginine, as well as Citrulline, improve Nitric Oxide production, helping you perform more explosive trainings with high-power results.
- **500 mg Oxystorm®:** This ingredient is made from Amaranth extract, one of the sources with higher nitrate concentrations. Nitrate has vasodilating effects that support muscle oxygenation during physical activity. It will help get that extra oomph when you really need it.

This pre-training drink is ideal for those who cannot or do not want to take stimulants. Another great moment to try Rush Pump is in those days when you train late but do not want to go to bed late. You will be able to train hard but also fall fast asleep. Rush Pump will never disturb your sleep.

Ingredients: Ingredients: L-Citrulline Malate, L-Arginine Base, L-Glycine, N-Acetyl-L-Tyrosine, Acid: Citric Acid; Taurine, Beetroot Powder (Beet Root Juice Extract, Maltodextrin), Tripotassium Citrate, Inca Wheat Extract (Amaranthus Hypochondriacus - Oxystorm®), Calcium Carbonate, Anticaking Agent: Silicon Dioxide; Potassium Phosphates, Ginkgo Leaf Powder, Flavouring, Sweeteners: Acesulfame K, Sucralose; Sunflower Oil, Niacin, Zinc Oxide, Vitamin B12, Vitamin B6, Vitamin D



	per serving**
L-Citrulline Malate	8000 mg
L-Arginine	5000 mg
L-Glycine	3000 mg
N-Acetyl-L-Tyrosine	25000 mg
Taurine	1000 mg
Inca Wheat Extract (Oxystorm®)	500 mg
Ginkgo Leaf Powder	120 mg
Niacin	21,3 mg (133%*)
Vitamin B6	0,7 mg (50%*)
Vitamin B12	1,25 µg (50%*)
Zinc	5 mg (50%*)
Vitamin D	1,25 µg (25%*)
Calcium	171 mg (21%*)
Potassium	370 mg (18%*)

* % NRV = Reference Intake of an average Adult

** Serving size: 25 g powder mixed with 300 ml water

PROFESSIONAL ADVICES

DIRECTIONS FOR USE: Take 1 full dipper 15-30 minutes before training.

PRESENTACIÓN: 375g (=15 servings)

FLAVOUR: Sour Cherry

www.weiderworld.com

