

WEIDER®

SUPPORT YOUR IMMUNE SYSTEM

MUSHROOM

5 POWERFUL Mushrooms **COMPLEX**

MycoMIX® ACTIV Mix of 5 mushroom varieties

Immune, artery and psychological support¹

REISHI – CORDYCEPS – SHIITAKE – MAITAKE – AGARICUS BLAZEI



MUSHROOM COMPLEX

- MycoMIX®ACTIV 5 Mix of 5 mushroom varieties.
- Immune, artery and psychological support¹.
- REISHI – CORDYCEPS – SHIITAKE – MAITAKE – AGARICUS BLAZEI.

Mushrooms have been used in traditional medicine and human diet for thousands of years. Indeed, they have long been recognised in East Asian cultures, based on empirical evidence, are ranked at the top of their traditional medicine. In the last decades, this knowledge has spread to the Western world where therapeutic properties of various mushroom species have been supported by scientific research.

Nowadays, mushrooms and their active compounds are being increasingly recognised by conventional medicine, since more and more scientific studies support their therapeutic value.

For this purpose, we have selected the ingredient MycoMIX®ACTIV a blend of mushrooms used in traditional medicine for over two thousand years: Reishi (*Ganoderma Lucidum*), Cordyceps (*Cordyceps Sinensis*), Shiitake (*Lentinula Edodes*), Maitake (*Grifola Frondosa*) and *Agaricus blazei*.

To create a complete formula, we have added ^{1,3}vitamin C which contributes to the normal formation of collagen for the normal functioning of blood vessels, contributes to the normal functioning of the immune system and contributes to normal psychological function.



Nutritional info	Per 2 capsules	%VRN*
Vitamin C	24 mg	30
Mushroom blend (MycoMix®ACTIV) (Cordyceps (<i>Cordyceps sinensis</i>), Reishi (<i>Ganoderma lucidum</i>), shiitake (<i>Lentinula edodes</i>), Maitake (<i>Grifola frondosa</i>), <i>Agaricus blazei</i>)	1200 mg	
- of which polysaccharide	360 mg	



Ingredients: Mushroom blend (Cordyceps (*Cordyceps sinensis*) mycelium, Reishi (*Ganoderma lucidum*) fruiting body, Shiitake (*Lentinula edodes*) fruiting body, Maitake (*Grifola frondosa*) fruiting body, *Agaricus blazei* fruiting body)², hydroxypropylmethylcellulose (capsule), vitamin C (L-ascorbic acid). ²MycoMix®ACTIV.

May contain traces of crustaceans, eggs, fish, soy, milk, nuts, sulphites, lupins and products thereof.

Instructions for use: Take 2 capsules per day with plenty of water.

Size: 180 capsules.

³ EFSA Authorized Claims.