

## WHEY PROTEIN

Combination of whey isolate and whey concentrate

Naturally rich in BCAA's

With Glutamine and Digestive Enzymes

Weider Whey Protein is a high quality protein that provides a combination of the best protein sources: whey isolate and whey concentrate. Perfect for helping to maintain and develop muscle mass. Ideal for after your workout.

Whey Protein has an excellent nutritional profile, naturally provides essential and branched-chain amino acids (BCAAs), which are key to proper muscle function and recovery.

### WEIDER® WHEY PROTEINS VS OTHER WHEY PROTEINS

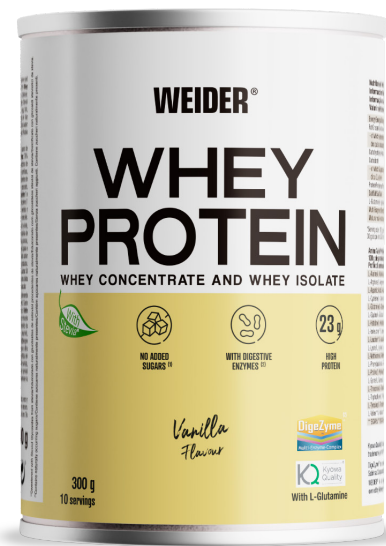
Its unique combination of proteins has been reinforced with:

- L-Glutamine (Kyowa Quality®): optimises muscle recovery and serves as an energy substrate for the defences.
- Digestive enzymes (DigeZyme®): a combination of digestive enzymes that favours the assimilation and digestion of the product, on the one hand, making the most of it, and on the other, making possible digestive discomfort disappear.

In addition, it is naturally sweetened with Stevia, so it contains NO added sugars, making Whey Protein a perfect choice for athletes or people who lead an active lifestyle. It is also ideal for middle-aged or elderly people who are taking care of themselves.

The simplicity of a quality formula!

**Ingredientes:** 76% **Whey** protein concentrate, 10% **whey** protein isolate(**soy** lecithin), L-glutamine, flavourings, stabiliser: sodium carboxymethyl cellulose; enzyme blend(amylase, protease, cellulase, lipase and lactase), sweeteners: sucralose, steviol glycosides from desteviax; colouring: beta-carotene. May contain traces of gluten, crustaceans, egg, fish, peanuts, nuts, lupine, sulphites and sulphite derivatives.



Nutritional Information	per 100 g	per Serving*
Energy	1650 KJ / 390 Kcal	495KJ / 117Kcal
Fat	4,9g	1,47 g
- of which saturates	2,6g	0,8 g
Carbohydrates	6,8g	2,0 g
- of which sugars	4,3 g	1,3 g
Proteins	80 g	24 g
Salt	0,81 g	0,24 g
L-Glutamine (Kyowa Quality®)	10000 mg	3000 mg
Multi-enzyme Blend (DigeZyme®)	250 mg	75 mg

### PROFESSIONAL ADVICES

**INSTRUCTIONS FOR USE:** Mix 30 g of powder (1 scoop) in 250 ml of semi-skimmed milk (1.5% fat) or water.

**RECOMMENDATION:** Whey Protein can be used at any time of the day, breakfast, mid-morning, afternoon snack, etc. It can also be used as a post-workout recovery product.

**PRESENTATION:** 300 g jar

**SERVINGS:** 10

**FLAVOUR:** Vanilla

