

BCAA

Pure Synthetic Amino Acids

Tablets with a high amount of branched chain amino acids

Protects the muscles

- BCAA tablets consists of synthetic branched chain amino acids which provides the trained muscles.
- During training muscle cells spend energy, which in part is obtained from amino acids.
- In fact, these should be used for the build-up of muscles.
- The intake of BCAA tablets provides the muscles with the amino acids isoleucine, leucine and valine in sufficient amounts and in an effective ratio which are needed in this moment!
- The amino acids are available in free form and therefore can be absorbed very fast.
- An intake before workout delays muscle cell fatigue and allows a long and powerful workout. At the same time it protects the muscles during the workout, resulting in less breakdown of muscle mass.
- The intake of BCAA tablets after workout speeds up recovery and the training stimulus is converted into muscle mass faster.
- Taking the BCAA tablets regularly before and after the workout is an excellent way to prevent overtraining. Especially during the definition phase, you should take advantage of the BCAA tablets' muscle-protecting properties.

Product features:

- Contains only pure synthetic amino acids
- Provides isoleucine, leucine and valine in an effective ratio
- Enables a more intensively workout
- Protects the muscles
- Supports recovery
- Helps to avoid overtraining

Ingredients: Bulking Agent: Calcium phosphates; L-Leucine, L-Isoleucine, L-Valine, Anticaking Agents: Cellulose, Silicon Dioxide, Magnesium Salts of fatty Acids; Flavouring, Vitamin B6.



	per 5 tablets
Vitamin B6	0,21 mg (15%*)
L-Leucine	2500 mg
L-Isoleucine	1250 mg
L-Valine	1250 mg

* % NRV = Reference Intake of an average Adult

PROFESSIONAL ADVICES

INSTRUCTIONS FOR USE: 5 tablets per day.

PRESENTATION: Tin 130 tablets

