

WEIDER®



THE SUPPLEMENT THAT CARES OF YOUR HEALTH AND IMPROVES YOUR WELL-BEING



NO PALM OIL



MCT
OIL



PASTURE RAISED

- Keto friendly
- Made from MCTs and collagen
- Perfect for breakfast



A WEIDER INNOVATION
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COLLAGEN CREAMER

- Keto friendly

- Made from MCTs and collagen

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Collagen is the main building block of the connective tissues that make up various parts of our body, including tendons, ligaments, skin, and muscles. It is synthesised naturally by our body, unlike hydrolysed collagen, which is the one we take through food supplements.

Collagen Creamer is a food supplement that consists solely of hydrolysed collagen and MCTs. Among the main benefits of hydrolysed collagen is the improvement in joint health, as well as firmness and hydration in tissues such as skin, nails, and hair. MCT, from coconut oil, has become a very popular supplement among athletes. One of its main benefits is that it aids weight loss by speeding up the fat elimination process.

In addition, this product is also keto-friendly. For many people, eating a low-carbohydrate diet is enough to achieve their ideal weight. Thanks to the MCT content, the intake of this product helps to control weight by preventing an increase in body fat.

The recommended daily dose of collagen is 10 grams and is recommended at breakfast, making Collagen Creamer perfect for combining it with your first coffee of the day.

As we get older, our joint health declines. Numerous clinical studies support the efficacy of hydrolysed collagen in reducing joint pain and improving joint mobility. Its combination of hydrolysed collagen and MCTs, makes Collagen Creamer one of the best options to help keep our muscles, bones and joints in the best possible condition for the long term. Don't forget to include it in your breakfast every morning!



Nutritional Information	per 100 g	Per serving
Medium chain triglycerides (MCT)	41 g	8,2 g
Hydrolysed collagen	40 g	8 g

Ingredients: Medium Chain Triglycerides (MCT from coconut oil, Glazing Agent: Gum Arabic), Hydrolysed Collagen, natural flavouring, sodium chloride, flavouring

RECOMMENDATION: Mix 20 g of powder (2 heaped scoops) with 150-200 ml of hot coffee.

PRESENTATION: 360 g bag

