

# AMINO RECOVERY

## Protection + Recovery + Detoxification

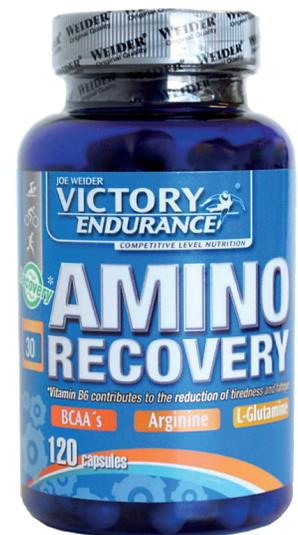
Protective Mix: BCAA's + Glutamine

Recovery Mix: BCAA's + Glutamine + L-Arginine

Detoxifying action due to L-Arginine

With the goal of achieving the highest level of protection for the body and accelerating the period of recovery, Victory Endurance has engineered Amino Recovery. In addition to boosting recuperation after a workout, this supplement provides an important detoxification function through the following combination:

- Branched-chain amino acids (BCAAs):** These are combinations of the amino acids Leucine, Isoleucine, and Valine, which contain recuperative and energetic properties. Why they are utilized: Before the training session, they work to protect and fortify the muscular mass. For endurance sports, they contribute energy without drawing upon glycogen reserves from the muscles, reducing the appearance of fatigue. After the training sessions, they accelerate the recovery process, reconstructing the damaged tissues that arise from intense workouts.
- L-Arginine:** Among the various properties of this amino acid, one of the most important is the one that contributes to the body's course of detoxification. It participates in the urea cycle, which is fundamental to the disposal of residual toxins generated during physical exertion. During the workout, it plays a role in the vasodilatation (Increased blood flow to the muscles. Also known as "The Pump"), which improves the flow of oxygen and other nutrients to the muscles. It additionally exerts a restorative action in supporting the body's metabolism of proteins.
- L-Glutamine:** This is an essential amino acid for protecting and repairing muscular tissue. It supports the body's glycogen reserves just as much as the wellbeing of the muscles. Furthermore, it raises the function of the immune system and reduces "OTS" (Over-Training Syndrome).
- Vitamin B6:** Vital for the metabolism of amino acids and proteins.



	per 4 capsules
Vitamin B6	2 mg (143%*)
L-Arginine	320 mg
L-Glutamine	320 mg
L-Leucine**	820 mg
L-Isoleucine**	410 mg
L-Valine**	410 mg
**Total BCAAs	1640 mg

\* % NRV = Reference Intake of an average Adult

**Ingredients:** L-Leucine, Gelatine, L-Isoleucine, L-Valine, L-Arginine, L-Glutamine, Anticaking Agents: Magnesium Salts of fatty Acids; Pyridoxine Hydrochloride (Vitamin B6), Colours: E171, E104.

**DIRECTIONS FOR USE:** Take 2 capsules prior to training and 2 capsules afterwards.

**RECOMMENDATION:** For optimal muscular recovery, combine with the use of Total-Recovery.

**PRESENTATION:** Bottle of 120 capsules - 30 serving