

Nature's Energy Bar

Lasting energy, great taste!

Improved formula

Energy bar with 43% fruits and 33% oats

Palm oil free



We have improved the nutritional value of this delicious bar adding more oats (33%) and rising its fruit content up to 43%. It no longer contains palm oil which makes it even tastier and healthier.

This 40g bar, is the ideal size to carry everywhere. Besides, it is very digestible, and contains no chocolate, thus will not melt or spoil in the heat. Comes in 2 flavors: Apple or Strawberry. Choose yours!

Ingredients (apple flavour): 33% Wholegrain Rolled Oats, Partially Inverted Refiners Syrup, 20% Sultana Raisins (Raisin, Cottonseed Oil), 13% Dried Apple Rings (Dried Apple, Preservative: Sulphur Dioxide), 10% Apricots (Dried Apricots, Rice Flour, Preservative: Sulphur Dioxide), Rapeseed Oil, Soluble Corn Fibre.

	por 100g	por 60 g.
Energy	1650 KJ 390 Kcal	990 KJ 234 Kcal
Fat	11 g	6,6 g
- of which sat. fatty Acids	0,9 g	0,5 g
Carbohydrates	65 g	39 g
- of which Sugars	33 g	19,8 g
Protein	5,1 g	3,1 g
Salt	0,12 g	0,07 g

DIRECTIONS FOR USE: Take before or during a workout.

RECOMMENTACION: The simplicity makes it ideal before long/medium training sessions or competitions.

PRESENTATION: 60g. Bar

FLAVOURS: Apple and Strawberry