

# EFFERVESCENT TABLETS TO REPLENISH MINERAL LOSS

## SALT EFFERVESCENT TABS

5 electrolytes and 3 vitamins

Easy to dilute and delicious taste

Suitable for vegans, gluten and lactose free



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**SALT EFFERVESCENT TABS** supplies minerals and vitamins in a convenient tablet format ready to be dissolved in water or sports drinks. Their composition and refreshing citric flavor make them an ideal option for hydration and mineral replenishment both during and after training.



### Each tablet supplies the optimal dose to replenish the following minerals:

- **Sodium and Potassium:** During prolonged sports training it is easy to lose these electrolytes through perspiration or body fluids. Salt Effervescent Tabs supplies minerals to help you prevent electrolyte unbalance and its most common consequences.

- **Calcium:** This mineral contributes to a normal energy metabolism and to a normal muscle function.

- **Magnesium:** Magnesium is key for adequate hydration because it contributes to the balance of electrolytes, and in an appropriate amount it also helps reducing exhaustion and fatigue.

- **Zinc:** This mineral promotes the normal metabolism of macronutrients and to the normal metabolism of fatty acids, as well as the normal function of the immune system. Thus, its presence in Salt Effervescent Tabs results in an excellent support for athletes.

Even more, these tablets contain the following vitamins, essential for a normal function of the body, especially when it is under stress like physical exercise:

- **Thiamin:** Supports both the normal metabolism of energy and the normal function of the immune system.

- **Riboflavin:** Helps to decrease exhaustion and fatigue, and also to maintain blood red cells healthy.

- **Vitamin B6:** Among many actions, vitamin B6 contributes to the normal metabolism of energy, a normal metabolism of protein and glycogen, and to reduce exhaustion and fatigue.

**INGREDIENTES:** Acid: Citric Acid; Acidity Regulator: Sodium Hydrogen Carbonate; Calcium Carbonate; Potassium Chloride; Inulin; Sweetener: sorbitol; Flavouring; Beetroot Powder; Anticaking Agents: Polyethylene Glycol, Tricalcium Phosphate; Magnesium Carbonate; Sweetener: sucralose; Zinc Citrate; Pyridoxine Hydrochloride; Riboflavin 5-phosphate, Thiamin Hydrochloride.

**RECOMMENDATION:** Dissolve 2 tablets in 500 ml of water and to consume preferably every hour during exercise

**PRESENTATION:** 15 Tablets

**FLAVOUR:** Citrus



LACTOSE FREE



GLUTEN FREE



VEGAN

With Salt Effervescent Tabs by Victory Endurance, you can rest assured you will get the most complete supply of electrolytes, minerals and vitamins to keep your performance at its best, especially during long distances or when the climate is unusually hot.

**Don't let your performance slump when you can easily boost it with consistent hydration!**

| Información Nutricional | **Por Porción | * % VRN |
|-------------------------|---------------|---------|
| Thiamin                 | 0,40 mg       | 36      |
| Riboflavin              | 0,60 mg       | 43      |
| Vitamin B6              | 0,80 mg       | 57      |
| Sodium                  | 606 mg        |         |
| Calcium                 | 204 mg        | 26      |
| Potassium               | 130 mg        | 6,5     |
| Magnesium               | 16,2 mg       | 4,3     |
| Zinc                    | 2,60 mg       | 26      |

\* % NRV = Reference Intake of an average Adult

\*\* Serving size: 2 tablets in 500 ml water

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