

WEIDER®

Yummy!!

INSTANT RICE FLOUR

Gourmet Rice Flour 1 kg

- Sugar Free
- Source of fibre
- Vegan

A WEIDER INNOVATION



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GOURMET RICE FLOUR. Instant rice flour

- Sugar Free- Fat Free

- Source of fibre

- Vegan

¿Think of rice as a boring and tasteless staple food? We have the solution for you to make it a lot more than that!

Rice is one of the most widely consumed food in the world. It is a cereal with a high carbohydrate and protein content, which makes it a product that provides a large amount of energy. Its high fibre content facilitates the absorption of nutrients in our bowel, as well as being a satiating food that prevents binge eating and snacking.

From a nutritional point of view, rice is rich in complex carbohydrates. These are digested slowly, providing a constant level of glucose in the body, as well as a satiating effect that allows your body and mind to function all day long.

Thanks to all the benefits, we have decided to develop our first rice flour-based product... and of course, with chocolate flavour!

Gourmet Rice Flour is a nutritious food, a source of fibre, free of sugars and fats, and on top of that, it is vegan!

One of its main ingredients is cocoa, known for its high antioxidant content and for stimulating the nervous and digestive system, giving the product an irresistible taste that you won't be able to stop eating!

It also contains stevia, one of the natural sweeteners preferred by consumers, as it provides extra sweetness without the calories.

Its simple preparation allows it to be used in an infinite number of recipes: breakfast mix, pastries, smoothies..., mix it with whatever you like! Water, milk, yoghurt... it will make a delicious recipe!

INGREDIENTES: Rice flour, cocoa powder, flavourings, stabiliser: sodium carboxymethylcellulose; sweeteners: sucralose, steviol glycosides from stevia.

May contain traces of gluten, crustaceans, eggs, fish, peanuts, soy, milk, nuts, lupins, sulphur dioxide and sulphites and derivatives thereof.

MODO DE EMPLEO: Mix 50 g powder (1 measuring scoop) with 250 ml of semi-skimmed milk or water. It can be used for preparing pudding, cooking or blended into a smoothie.

PRESENTACIÓN: 1 Kg Sachets

SABOR: Chocolate



SUGAR FREE⁽¹⁾



FAT FREE⁽¹⁾



FIBRE SOURCE



VEGAN

Nutritional Information	per serving*
Energy	736 kJ/ 174kcal
Fat	0,9 g
- of which sat. fatty Acids	0,5 g
Carbohydrates	36 g
- of which Sugars	0,4 g
Fibre	4,4 g
Protein	2,2 g
Salt	0 g

* Serving size: 50 g powder with 250 ml water.