

Premium Whey – Chocolate-Nougat

Premium ingredients, premium taste, premium quality

Ultrafiltered whey protein combined with L-glutamine - a premium quality protein.

Whey protein concentrate, in combination with 20% whey protein isolate and 6,7% L-glutamine

Premium Whey contains first-grade whey concentrate, combined with finest whey isolate – the purest form of whey protein. It is also enriched with L-glutamine & essential vitamin B6

Vitamin B6 plays an important role in the maintenance of a normal protein metabolism, which makes it the perfect add-on to this extraordinary protein powder. With its high protein content, Premium Whey contributes to the maintenance and growth of muscle mass.

The delicious protein powder is perfect for any training phase – whether you are trying to lose weight or gain some serious muscle mass.

At WEIDER, our mission is to provide you with the best nutritional supplements, so you can perform at your best, live a healthy life & reach your personal goals. With over 85 years of experience in this industry, we have come to understand the importance of using only the highest quality, most trusted ingredients in all our products.



Nutritional Information:

	per 100 g	per serving**	per serving***
Energy	1663 kJ 393 kcal	1002 kJ 238 kcal	499 kJ 118 kcal
Fat	5,5 g	5,7 g	1,7 g
- of which sat. fatty Acids	3,2 g	3,7 g	1 g
Carbohydrates	6,4 g	14 g	1,9 g
- of which Sugars	4,8 g	13 g	1,4 g
Protein	78 g	32 g	24 g
Salt	0,38 g	0,41 g	0,11 g

	per 100 g	* % NRV	per serving**	* % NRV	per serving***	* % NRV
Vitamin B6	2,33 mg	166	0,81 mg	58	0,7 mg	50
L-Glutamine	6667 mg	--	2000 mg	--	2000 mg	--

* % NRV = Reference Intake of an average Adult

** Serving size: 30 g powder in 250 ml semi-skimmed milk (1,5% fat)

*** Serving size: 30 g powder mixed with 250 ml water

Amino Acid Profile per 100 g Protein

L-Alanine	4,0	g
L-Arginine	2,0	g
L-Aspartic Acid	9,0	g
L-Cysteine	1,9	g
L-Glutamine	8,7	g
L-Glutamic Acid	17,5	g
L-Glycine	1,3	g
L-Histidine	1,6	g
L-Isoleucine*	6,4	g
L-Leucine*	10,3	g
L-Lysine	8,0	g
L-Methionine	1,9	g
L-Phenylalanine	2,8	g
L-Proline	4,4	g
L-Serine	4,1	g
L-Threonine	6,0	g
L-Tryptophane	1,5	g
L-Tyrosine	2,2	g
L-Valine*	6,4	g

* BCAA's

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Declaration:

Powder to mix a drink with Whey Proteins, L-Glutamine and vitamin B6. With sweeteners. Chocolate-Nougat Flavor.

Ingredients:

66% **Whey** Protein Concentrate, 20% **Whey** Protein Isolate, 6,7% L-Glutamine, 5,5% Low Fat Cocoa Powder, Flavoring, Emulsifiers: Lecithins (**Soy**); Sweeteners: Acesulfame K, Sucralose, Steviol Glycosides; Vitamin B6.

Instruction for use:

Mix 30 g powder (2 heaped measuring scoops) with 250 ml semi-skimmed milk (1,5% fat) or water.

Advice:

May contain traces of gluten and egg.

Storage Instruction:

Store in a cool, dry and dark place.

Content:

2,3 kg in a plastic tin.
500 g in a bag.

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