

WEIDER®

UMMMM...!



**DELICIOUS
HAZELNUT
CREAM**



WHEY PROTEIN CREME *Choco-Hazelnut*

- Delicious chocolate-hazelnut flavor
- 21 % concentrated protein
- Low carbs

A WEIDER INNOVATION



Healthy & Tasty

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WHEY PROTEIN CHOCO CREME Hyperproteic Choco-Hazelnut Spread

21 % protein

11 % hazelnuts

Low sugar

Whey Protein Creme is a delicious cocoa spread made with real hazelnuts and high-quality whey protein so that you can treat yourself and stay slim at the same time.

Chocolate spreads are usually full of sugar and fat and, most likely, they haven't been part of your diet for long. But things have changed. We have developed **Whey Protein Creme** without adding sugars and using 100% natural non-hydrogenated vegetable fats.

Whey Protein Creme is unique and special as its protein content has been enhanced with up to 21% of real whey protein concentrate. Proteins are an essential nutrient and are key to maintaining and building muscle mass while also promoting satiety. Whey protein is rich in essential amino acids and BCAAs, the most important amino acids for the skeletal muscle.

Whey Protein Creme may be considered a low carb product. Not all carbohydrates are equal and they do not have the same effects on our body. Only 39% carbs of **Whey Protein Creme** might, be considered as net carbs, which represents only 6 grams. This is because most of them come from maltitol, a polyol with reduced carb content. The sweet taste of this cream originates from naturally occurring sugars present in hazelnuts and whey protein.

Whey Protein Creme is ideal for all kinds of diets: If your goal is to increase muscle mass and are in volume phase **Whey Protein Creme** will provide essential amino acids to your muscles in a delicious form. And if you're dieting and you want to stay slim, **Whey Protein Creme** is a tasty treat rich in protein, low in carbohydrates and sugars.

You can combine **Whey Protein Creme** with other protein-rich Weider products like **Protein Bread** or **Protein Pancakes**.

With less than 80 kcal per serving you can add chocolate to your diet without any hesitation. Staying fit and slim has never been so easy and so tasty!

RECOMMENDATION: You can combine Whey Protein Cream White with other protein rich Weider products, such as Protein Bread or Protein Pancakes.

PRESENTATION: Jar of 250 g



Nutritional information	per 100 g	Per portion (15g)
Energy	2151 kcal/ 519 kJ	323 kJ/ 78 kcal
Fat	37 g	5,6 g
- of which sat. fatty Acids	7,2 g	1,1 g
Carbohydrates	33 g	4,9 g
- of which sugars	7,3 g	1,1 g
- of which Polyols	24 g	3,7 g
Protein	21 g	3,1 g
Salt	0,2 g	0,03 g

INGREDIENTS: Sweetener: Maltitol; 22% **Whey** Protein Concentrate, Sunflower Oil, 11% **Hazelnuts**, Sweet **Whey** Powder, 6,5% Low Fat Cocoa Powder, Cocoa Butter, Coconut Oil, Emulsifier: Lecithins; Natural Flavouring.

